



# UNIVERSITY OF CALIFORNIA SAN FRANCISCO

*Alumni Newsletter*

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## Greetings from UCSF!

The 2015-2016 academic year has taken off and is already proving to be a very exciting year! We would like to use this opportunity to introduce our current residents and share with you some of the current events at UC. Please see the next page for upcoming alumni events!



**UCSF**

University of California  
San Francisco

## Resident Notes



*Left to right: Angela, Krunal, Anu, Reya, Nikki at the new Benioff Children's Hospital, Mission Bay*

### UPCOMING ALUMNI EVENT:

#### UCSF Orthodontics and Pediatric Dentistry Alumni Reception

When: Sept 15<sup>th</sup> 6-8  
PM

Where: Image  
Orthodontics: 129  
Sacramento St, San  
Francisco CA 94111

The dental clinic and operating rooms at Benioff Children's Hospital have been open for business for over 6 months! The third years have been working in faculty practice and gaining speed. An increase in OR block time at Mission Bay means third years are now seeing 3-4 OR cases, a significant increase from the 2 cases seen in past years.

## Third Year Residents



*Neha providing oral health education to children in India*

### Neha Das

Neha is dedicated to improving the oral habits and oral health IQ of both the local and international communities. In addition to providing clinical care, Neha has organized and attended outreach events in local schools. Her current research focuses on evaluating the efficacy of text messages to educate parents about caries prevention and oral healthcare for their children. Neha is Seminar Chief of the third year class and has revamped the seminar sessions to be more organized and educational.



*Anuhy lecturing UCSF D3 students on behavior management*

## Anuhy Uppula

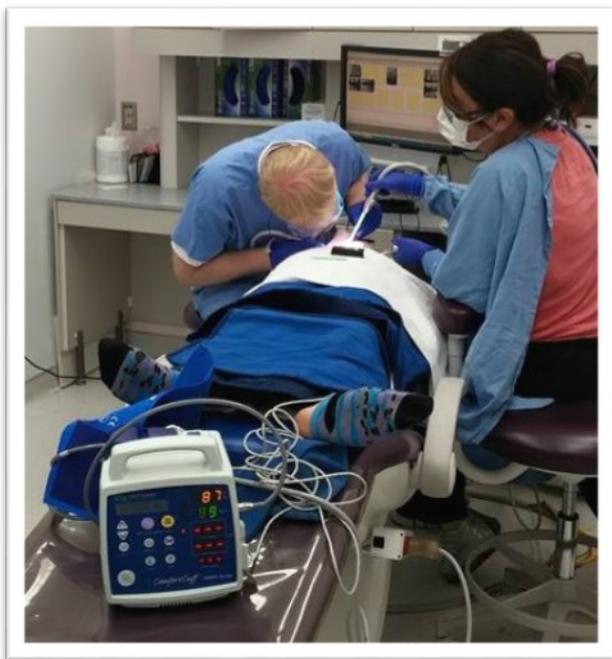
Anuhy is Chief of Community and Global Outreach and strives to organize outreach events locally and internationally. Her goal is to ensure as much resident participation in these events as possible. Anuhy is also passionate about patient education and teaching pediatric dentistry. Her research compares the safety and efficacy of two popular triple regimens: chloral hydrate, hydroxyzine, and meperidine vs. midazolam, hydroxyzine, and meperidine.



*Gina receives a lot of appreciation from her patients!*

## Gina Graziani

Gina is Chief Resident of Class of 2016. She balances the responsibilities of scheduling resident's columns and rotations as well as resident concerns to ensure a happy crew. Her research is on validating CariFree CariScreen device use on caries risk.



*Brett treating a sedation patient*

## Brett Martin

Brett is Chief of Sedation for the Class of 2016. He has made tremendous efforts to increase the number of sedation cases we see and how efficiently cases are staggered. As a result the waitlist for sedation has reduced to barely a month (previously, it was more than 6 months)! Brett is doing research with fracture repair that has implications in dentistry.

## Krunal Sherathiya

Krunal is Chief of Orthodontics for Class of 2016. He has made great strides to improve the materials (including a brand new intra/extra oral camera!) used in ortho clinic. He has created an efficient schedule for both phase 1 and phase 2 clinics such that maximum patients can be seen. This has resulted in higher revenue than previous years. He has great interest in new technology and fittingly, his research involves use of lasers in sealant placement.



*Krunal (3rd from left) at Give Kids A Smile Day, UCSF*

## Second Year Residents



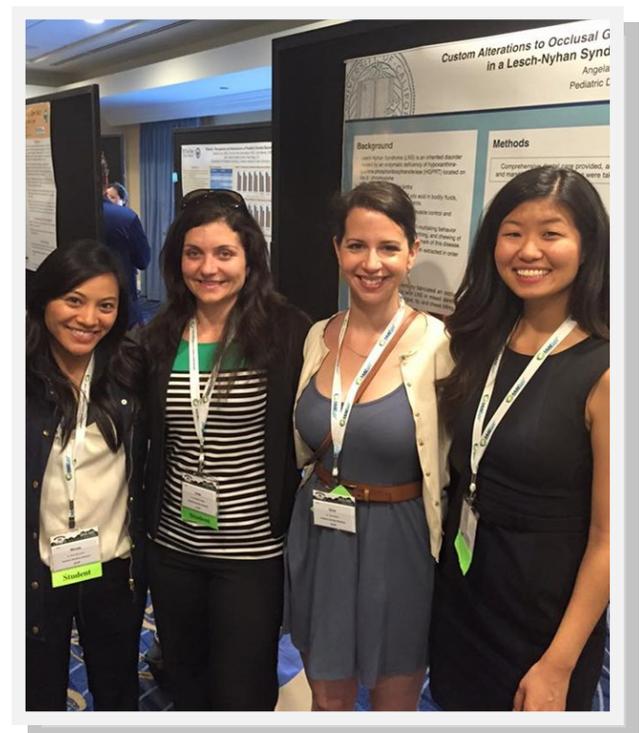
*Reya performing dental screenings*

## Iveta Markova

Iveta is committed to help children in need through community outreach and research. Winning an award for her poster presentation at CSPD this year proves her dedication towards research in prevention of early childhood caries.

## Reya Das

Reya strives to increase the dental knowledge of both her patients and their parents. She is working with Dr. Neha in her research which currently focuses on studying the efficacy and retention of educating parents on oral healthcare using text messages.



*Iveta (2nd from left) at CSPD poster presentation*



*Nancy providing OHI at a health fair in SF*

## **Nancy Le**

Nancy enjoys being involved in community outreach and has been passionate about it since high school. She has participated in numerous outreach events throughout dental school and hopes to continue this trend during residency and in the future as a practicing pediatric dentist.

## **Nikki Bartolome**

Nikki is dedicated to serving underserved populations through outreach events and mission trips. Nikki has participated in a dental mission trip to Ensenada, Mexico and hopes to participate in more mission trips in the near future. Her research focuses on dental lasers as a preventative measure in the pediatric population.



*Nikki at a dental mission trip in Ensenada, Mexico*



*Angela was selected as a CSPD Graduate Student Legislative Advocacy Intern, Washington DC*

## **Angela Lee**

By starting to understand the patient population, Angela recognizes the need for influencing health policy. Angela is passionate about helping underserved children, and very excited about her research collaboration with the Alameda County Public Health Department to connect underprivileged and high caries risk kids with local dentists.

## First Year Residents



*Ariel teaching children how to brush and floss in dental school*

### Raj Lotwala

Raj has devoted his dental career thus far to working with underserved populations. After completing two years with the National Health Service Corps, Raj began working at a FQHC in central California, first as a general dentist, then returning to start orthodontic services. His goal is to be able to provide comprehensive pedo-ortho care for his patients.



### Shan Girn

In dental school, Shan enjoyed outreach efforts such as traveling to the Dominican Republic on mission trips. Additionally, Shan enjoys being an active member of organized dentistry having been involved with ASDA and Massachusetts Dental Society.



*Shan (2<sup>nd</sup> from left) during a mission trip with Navajo Nation in Winslow, Az*

## Devon Cooper

Devon is dedicated to community service and doesn't miss an opportunity to give back to the community. He wishes to be a role model for children and encourages children from low socioeconomic backgrounds to seek higher education. His patient's parents often comment that he is a "breath of fresh air"!



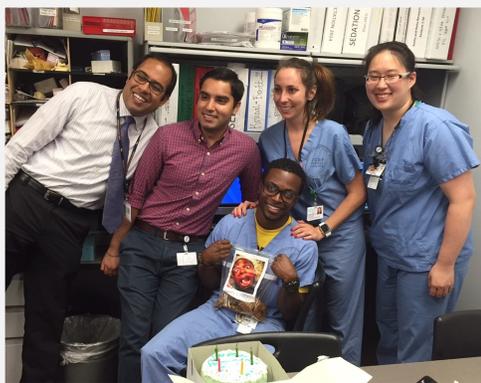
*Devon (left) visiting local elementary school and diet counseling*



*Kaitlin performing oral screenings at a pre-school*

## Kaitlin Benchimol

At UCSF dental school, Kaitlin was Pre-school Outreach Coordinator and Vice President of the Student Society of Pediatric Dentistry, where she implemented the "Mid-day Tooth Brushing Program" at bay area pre-schools. Kaitlin has also spent time giving back to the community, both locally and abroad.





Donations will help current residents reach out in the community, participate in organized dentistry, and keep the name of UCSF Pediatric Dentistry alive and positive in our community!

Please consider donating by visiting us at our brand new website:  
<http://pediatricdentistry.ucsf.edu/support-program>

Please take the time to come to one of our events, come visit, or support us in our efforts! Donations to the residents and the program can be made via our new site:

*<http://pediatricdentistry.ucsf.edu/support-program>  
Thank you to all you who already have supported the program!  
Anubya Uppula, DMD  
Chief of Community and Global Outreach*